

Figure S1. CONSORT (Consolidated Standards of Reporting Trials) flow diagram

ISI, Insomnia Severity Index; MS, multiple sclerosis; NMSS, National Multiple Sclerosis Society; PDDS, Patient-Determined Disease Steps; PHQ-9, Patient Health Questionnaire-9; STOP BANG, snoring, tiredness, observed apnea, high blood pressure, BMI, age, neck circumference, and male gender; wCBT-I, Web-based cognitive behavioral therapy for insomnia; wCBT-I+calls, Web-based cognitive behavioral therapy for insomnia plus telephone calls.

