

**Movement System Screening Tool:  
Frequencies of component test scores from 14-item Movement System Screening Tool**

Component test	Score			
	0	1	2	3
Active straight leg raise*	1	6	20	10
Unilateral hip bridge endurance*	2	14	11	10
Rotary stability*†	1	0	31	5
Trunk flexion/extension mobility	2	12	19	4
Shoulder mobility*	8	3	13	13
Glenohumeral internal rotation deficit	16	3	2	16
Scapular dyskinesis*	5	2	7	23
Hurdle step*†	0	2	27	8
Closed kinetic chain upper extremity stability test	2	12	6	17
Deep squat	2	8	15	12
Double leg lowering test	0	19	3	15
Step down*	1	32	4	0
Single-leg hop for distance*	2	20	11	4
Y-Balance anterior reach*	1	5	23	8

\*Scores represent minimum of the left and right sides for bilateral tests

†Component tests with insufficient frequencies of 0's and 1's to compute odds ratios