

Supplemental Table. Bone-Stress Injuries Classified as Overuse by Season in Pac-12 Cross-Country Runners, 2018–2019 Through 2021–2022

Variable	Season, No.					Athlete-Seasons, No. ^a	Injury Rate Ratio (95% CI)
	2018–2019	2019–2020	2020–2021	2021–2022	Total		
Men	10	14	13	10	47	506.5	
Women	23	45	24	16	108	713.8	1.63 (1.15, 2.35)
Total	33	59	37	26	155		
Athlete-season ^a	290.7 ^b	301.9	301.0 ^c	326.8 ^d	1220.3		

^a Athlete-seasons at 86% participation rate.

^b 2019–2020 to 2018–2019 injury rate ratio = 1.72 (95% CI = 1.11, 2.72).

^c 2019–2020 to 2020–2021 injury rate ratio = 1.59 (95% CI = 1.04, 2.47).

^d 2019–2020 to 2021–2022 injury rate ratio = 2.46 (95% CI = 1.52, 4.06).